



Curriculum Planner – Physical Development

KS1 & 2	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year Group						
Year 2 & 3	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills <u>Inside PD</u> Yoga Movement to Music
Year 4 -6	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills: catching, aiming, throwing, kicking Sequencing actions and movements <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills: catching, aiming, throwing, kicking Sequencing actions and movements <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills: catching, aiming, throwing, kicking Sequencing actions and movements <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills: catching, aiming, throwing, kicking Sequencing actions and movements <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills: catching, aiming, throwing, kicking Sequencing actions and movements <u>Inside PD</u> Yoga Movement to Music	<u>Outside PD: Big Playground</u> Bikes & scooters Swinging & climbing Running, jumping, ball skills: catching, aiming, throwing, kicking Sequencing actions and movements <u>Inside PD</u> Yoga Movement to Music

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
KS3						
7	Multi skills Rebound	Gymnastics skills	Gymnastics skills	Rebound	Rebound Multi Skills	Athletics skills Rebound
8	Multi skills Rebound	Gymnastics skills	Gymnastics skills	Rebound	Rebound Multi Skills	Athletics skills Rebound
9	Multi skills Rebound	Gymnastics skills	Gymnastics skills	Rebound	Rebound Multi Skills	Athletics skills Rebound
10	Multi skills Rebound	Gymnastics skills	Gymnastics skills	Rebound	Rebound Multi Skills	Athletics skills Rebound
11	Multi skills Rebound	Gymnastics skills	Gymnastics skills	Rebound	Rebound Multi Skills	Athletics skills Rebound